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AAHA
The Standard of Veterinary Excellence

Sleeping Respiratory Rate Monitoring

Your veterinarian recommended that you regularly count the number of breaths your pet is taking while he or she is sleeping. Typically, the sleeping respiratory rate of a healthy dog or cat is 30 or less breaths per minute. On this chart you can keep track of your pets sleeping respiratory rate. If it increases above 30 OR if there is a sudden increase to what appears to be normal for your pet repeat your measurement later in the day. If the rate is still elevated this can be an early symptom of heart failure and it is recommended for your pet to see a veterinarian. Take a measurement once weekly, unless recommended otherwise.

Date	Respiratory Rate

Date	Respiratory Rate